

THE TIE THAT BINDS

Rocky Mount United Methodist Church
35 North Main Street, Rocky Mount, VA 24151
Phone: 540-483-5338 Fax: 540-484-1698

E-mail: admin@rm-umc.org

Website: www.rm-umc.org

Our Mission: "To Know Jesus and Share His Love"



Will Waller, Pastor

June/July 2017

Graduate Sunday

Graduate Recognition Sunday will be observed on Sunday, June 4. We will be recognizing this year's high school and college graduates. Make plans also to stay after worship for a light lunch to honor our graduates. Let our graduates know that we are proud of them by your attendance.



Vacation Bible School June 26-29



We are so excited for VBS this year! It will be here on June 26-29 from 6:00-8:00 p.m. The theme is "Maker Fun Factory!"

It is open to children from preschool to rising fifth graders! A nursery will also be provided. It will be a wonderful time full of adventure and learning about Jesus! There will be crafts, music, yummy snacks, and so much more!! If you are interested in signing up your child or volunteering, please contact Lindsey Lumley (540-553-5211, or lmlumley@liberty.edu). There are also sign-up sheets outside of the sanctuary! We are looking forward to seeing you there!!

Spring Charge Conference



We will have a spring Charge Conference at the Henry Fork Service Center on June 4 at 3:00 p.m. All members of the Church Council should attend. This is not a business meeting! We will spend our time investigating best practices in ministry.

Samaritan Offering

Our 2017 Samaritan offering for Virginia United Methodist Homes will be received through Father's Day, June 18. Your gift supports residents who have been blessed by longevity but have outlived their financial resources. Samaritan gifts are not used for operational, capital, or administrative cost but are instead made available only for benevolent care. Make your checks payable to RMUMC and designate "Hermitage in Roanoke" on the memo line. Thank you!

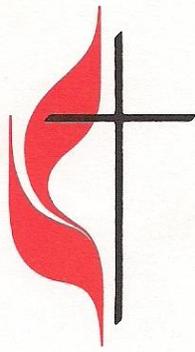


CHRISMONS



An Opportunity to Serve

Some of the Chrismons on our church's Chrismon tree are in need of replacement or repair. Join the UMW and Family Ministries on Sunday, July 30 for an after-worship potluck luncheon and Chrismon workshop in the fellowship hall. Following lunch, each family will be given a kit that has all the supplies to complete a Chrismon for the church tree. Bring glue guns, tacky glue, and scissors if you have them.



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To Know Jesus And To Share His Love

Dear RMUMC,

Did you know that John Wesley, the founder of Methodism, published a treatise on remaining healthy as a Christian? Of course, he talks about the healthiness of our souls and the benefit that having a strong prayer, sacramental, and biblical reading life can have. But his primary purpose of the book is to delve into the topic of our physical bodies and the importance of keeping them in tip-top shape for the mission work God calls us to.

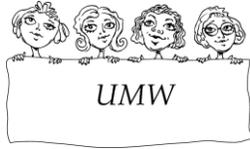
His work was *Primitive Physick or an Easy and Natural Method of Curing Most Diseases* (you can't say Wesley wasn't confident). In this work, there are some wild prescriptions for almost every malady known to man. Do you want to prevent cramps? "Tie your garter smooth and tight under your knee before going to bed. Or be electrified through the part which used to be affected (53-54)." Do you have a little bit of deafness? "Take a red onion, pick out the core; fill up the place with oil of roasted almonds. Let it stand for a night; then bruise and strain it. Drop three or four drops in the ear, morning and evening, and stop it with black wool (55)." Do you have the plague? No problem, just "eat marigold flowers daily as a salad with oil and vinegar (90)."

We may laugh at some of these old-timey, and odd, prescriptions for various illnesses and disorders known about in the 18th century. I particularly like the prescription for sciatica – "many have been cured in four to five days only by drinking half a pint of cold water daily, in the morning and at four in the afternoon (95)." What happens when daylight savings time ends? What if you aren't near cold water at four and can't have your half pint? Many questions arise.

We laugh but Wesley was serious. Throughout his ministry, he wasn't satisfied with keeping things the way they were but was constantly striving to grow physically as well as spiritually. He saw a Christian's walk and life not to be a plateaued affair, flat and stagnant, but to be growing day-by-day. Another purpose for writing this book was to make sure people saw the connection between our bodies and God. God created us with bodies and not as unembodied spirits. Our bodies were made by God purposefully. Thus, we should care for them because our bodies are a gift by God for us to use. Finally, he wrote the book so that regular Janes and Joes could read it. He believed medical journals were beyond the comprehension of most people. This book could be kept in the home, and many of the prescriptions included items located in the home. In other words, it was accessible.

Continue to take care of your body, church! And cheers for your half-pint of H2O this afternoon at four.

In Christ,
Pastor Will



United Methodist Women

(Linda Walters,
President)

A BIG thank you to all the ladies who cut, sewed, and pressed pillowcase dresses on Monday, May 1 in the fellowship hall. Because of their dedication to the task, they completed 48 dresses for girls in Haiti. Thanks also to Danville District President, Sherri Krauss for her program entitled UMW 101.

Although attendance was low among those who joined for the fellowship potluck luncheon on Sunday, May 7, enthusiasm was high. After lunch and fellowship, Mr. Taiki Sawabe from Ferrum College presented an interactive program on Japanese culture. We learned how to make an origami heart and frog and then worked off a few lunch calories by doing the Japanese Fishermen's Dance.

Saturday, June 3 from 9:30 a.m.-2:00 p.m. is UMW Day at Ferrum College. Plan to attend this wonderful gathering that always includes great entertainment and speakers and a delicious lunch in a beautiful setting. Contact Linda Walters for more information or registration forms.

Don't forget the UMW annual picnic at the home of Dan and Linda Walters on Monday, June 5 at 5:00 p.m. What a wonderful time for fellowship and delicious food as we break for the summer months! Please bring a dish to share. Beverages, pork barbecue and hamburgers will be provided. RSVP to Linda Walters at lindaw@shentel.net or call 540-346-2004.

Join the UMW and Family Ministries on Sunday, July 30 for an after-worship potluck and Chrismon workshop. After lunch, your family will complete a Chrismon for the church Chrismon tree. Bring glue guns, tacky glue, and scissors if you have them. All other necessary supplies will be available.

The UMW will not meet during the month of July. We will come together again on Monday, August 28 at 10:00 a.m. in the Assembly Room for our next business meeting. Afterwards Charlotte Hill will present our annual pledge program. Please bring the list of UMW books you have read to the August meeting so that the report can be completed and sent to the Danville District by September 15. Remember all reading counts. You DO NOT have to complete a plan. If you have read books to children, list their names as readers on your report as well.

The UMW continues to collect Labels for Education, soda can tabs, and canceled stamps. The box for these collections is in the hall to the left of the narthex on the windowsill near the mailboxes. We can still accept Campbell's labels if they have the small collection sticker on the bottom.

Our #1 goal for 2017 continues to be increasing membership. We welcome all women of the church to join us the first Monday of each month at 10:00 a.m. in the Assembly Room. If you cannot attend daytime meetings, but would like to be involved, Linda will be happy to communicate all meeting and project information to you by e-mail. We are willing to explore the possibility of an evening or Sunday afternoon meeting for those who work during the week as well. Please contact Linda Walters (540-346-2004, lindaw@shentel.net) or any other United Methodist woman if you are interested or have questions.

"When all other doors in life are closed to us,
Jesus will be for us the ever-open door. ...
To call any situation hopeless is to shut
the door on God."
—Anthony Coniaris



Thank You Rocky Mount UMC

The UMW thanks you for your support in completing UMCOR school and health kits during the month of April. These 108 kits will go to Annual Conference the third weekend in June. Please return your completed kits to one of the boxes by the elevator or the box in the Narthex by June 11 so that they can be checked and packed.

Peace with Justice Sunday Offering

On Sunday, June 11, we will receive our annual "Peace with Justice Sunday" special offering. Your contribution encourages living a gospel of peace. The offering makes a difference through ministries in the United States and around the world. Thank you for your generous gift!



SERVING LUNCH AT STEPPING STONE SOUP KITCHEN

In June and July, our church is in charge of serving lunch at Stepping Stone Soup Kitchen the following days:

- Thursday, June 22
- Tuesday, June 27
- Tuesday, July 25
- Thursday, July 27

Please sign-up on the sheet posted on the bulletin board located at the steps going down to the preschool. Thanks!



Deagan Clock and Chimes

(Shirley Vaughn, Historian)

Many thanks to Dr. John Clements, who over eleven years ago, dedicated himself to the restoration of the Deagan clock and chimes. With his dedication and family members and others with special skills, the clock and chimes now function.

Thanks to John, Charles Clements (deceased), who found a replacement motor, Billy Clements, Charles Clements, Kevin Clements, Dillon Clements, Mark Bower and Dr. Lewis Coffey. Dr. Coffey not only helped with the project but the weekly maintenance, timing, etc. of the clock.

As a side note, Westminster Chimes that has its own keyboard, located to the side of the sanctuary organ, is attached to the Deagan Chimes.

Historical Note: Three Deagan Clock and Chimes have been located in Virginia. Our clock and chimes are the only one that is operative.

The best Father

Unlike an earthly prince, God didn't take a high-and-mighty title, notes 17th-century British preacher Thomas Watson. Instead, God calls himself Father to encourage us to pray to him.

But God isn't just any father. Watson offers these reasons why God is "the best Father":

- He is the most ancient (Daniel 7:9).
 - He is perfect (Matthew 5:48).
 - He is the wisest (Romans 16:27).
- He is the most loving (Zephaniah 3:17; 1 John 4:16).
- He has unsearchable riches (Ephesians 3:8).
- He can reform his children (Acts 9:11).
 - He never dies (1 Timothy 6:16; Revelation 1:8).



Vital Congregation Statistics for April

I. Finances—Church Operating Budget

Amount Brought Forward From 2016	\$15,190	
Budgeted Offerings Expected to Receive through 4/30/17		\$87,216
Actual Offerings Received through 4/30/17	\$92,493	
Budgeted Expenses Expected to Spend through 4/30/17		\$90,712
Actual Expenses Paid through 4/30/17	\$83,645	
Ending Balance, 4/30/17	\$24,038	

- II. Average Worship Attendance = 178
Average Sunday School Attendance = 49



Between June 2-September 1, the church office will be closed on Fridays.

Henry Fork Service Center is assembling another cookbook!

As we celebrate our 50th Anniversary, we are asking for your assistance. We hope to publish a 50-year remembrances and recipes cookbook. Please go to the Henry Fork Service Center website (www.henryforkcenter.org) and download the recipe and remembrances page, and send us your recipes and remembrances. We have heard many wonderful stories of Charlotte Seegars, Susan Putnam, and others, and hope you will share those stories with your favorite recipes. There's only one condition—the story must be told in 375 characters or less; that's 4 1/2 lines of type. Of course, we could continue the story, but you have to send more than one recipe!! Forms will also be available in our office and on the website, and we will be glad to send you one or several. Please call us at 540-483-2819 with any questions. Thanks!



Stay anchored

Hold fast to the Bible as the [main] anchor of your liberties; write its precepts on your hearts and practice them in your lives. To the influence of this book we are indebted for all the progress made in true civilization, and to this we must look as our guide in the future.

—Ulysses S. Grant



Youth News

(Lindsey Lumley,
Coordinator of
Youth and Children's
Ministries and Joshua
Banks, Asst. Coordinator)

Hi friends,

Wow! It is hard to believe the month of May is almost over. What a fun month it has been!! We have enjoyed digging into scripture and learning lots at Sunday School and Youth Group, and are also looking forward to an end of school year celebration and pizza party next week. Can't wait to celebrate the beginning of Summer!!

Speaking of Summer, we will soon be transitioning over to our summer schedule. Thursday, June 1 kicks off our summer schedule with an afternoon of bowling and fun. I cannot wait for this!! It is always a special time when we can join together and grow closer to each other in community. We are also looking forward to doing things like hiking and going to Splash Valley this summer. These are just a few of the fun activities we have planned, and I know it will be special and fun.

We are also looking forward to our Graduate Sunday on June 4. Please join us for a wonderful time of fellowship and recognition for our awesome high school and college graduates! We will recognize our graduates during our church service and then have a lunch reception after church. What a wonderful time it will be! Mark your calendars for this special day!

Kingsfest is also around the corner. We are so looking forward to this! We will be leaving Thursday, June 22 and coming back Sunday, June 25. Can't wait!

We are also looking forward to VBS this summer!!! **There has been a slight change of date: VBS will now be held Monday through Thursday June 26-29.** We are so looking forward to "Maker Fun Factory"!! Our plan is to spend the

afternoon on Sunday, June 25 decorating the church for this. We are in need of volunteers to stay after and help decorate. Lunch will be provided! If you have a knack for decorating, please consider helping out!

Please continue to keep us in your prayers for all of our events coming up, and feel free to contact me with any questions and let me know if you would like to get involved in volunteering!

Blessings,
Lindsey and Josh

Music Notes

(Lynn Meeks, Director of Music
Ministries)



Mother's Day worship was very special thanks to the children who led us in worship. We witnessed that no matter how big or small you are God can use you to make something miraculous happen! Also a BIG thank you to all the parents and volunteers who helped to make another great year for our children in Wonderful Wednesday. The children finished the year with a super picnic on May 10. I hope to see many new faces as well as our returning children in September.

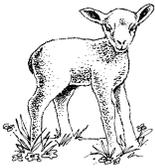
As the summer progresses, I will be planning, previewing music, and setting the calendar for next fall. Most choirs will take a break during the summer however the Chancel Choir will continue the tradition of an abbreviated practice schedule for June, July, and August. If you have extra time in the summer and would like to sing with us, please do! The Wednesdays we are **not scheduled** to rehearse and the Sundays when we will gather early to review that day's anthem are listed on the calendar in the newsletter as well as on the bulletin board near the Redeemer's Class.

(continued on page 7)

June begins a time of family travel. I will be attending Virginia Annual Conference in Hampton and going to a music and worship retreat at Lake Junaluska, NC.

Enjoy a safe and relaxing summer.

Love and Peace,
Lynn



Little Lambs in the News

(Jan Mohler, Director)

Another wonderful school year has come to an end. Thank you to B. W. and Brenda Wright for serving ice cream at our graduation celebrations.

Thank you to everyone at RMUMC that has prayed for our school and have supported us in other ways as well. Thank you to Pastor Will for his energy and love. The time you spent with our students was meaningful and fun. Thank you to Ms. Lynn for singing and dancing with us. Teaching the children to praise with music is truly a gift.

Ms. Rebecca and I will take a much-needed break over the summer but we will always be looking for more students. We pray that you will do the same. Please share the church's number (540-483-5338) with anyone who may be interested in enrolling their child. Valerie will make sure to get in touch with me.

Blessing to all for a safe and happy summer.

Blessings,
Jan



The Family of Willie M. Scott is grateful to God for her life, for your prayers, kindness and special thoughts in our loss.

Linda S. Handy, Daughter
Christina T. Gibson, Granddaughter

Thank you so much for the bracelet and necklace! I love them. I wore the bracelet on Graduation Day! Thank you so much for welcoming me into your church family. It really meant a lot to me! I hope to keep in touch!

Love,
Virginia Pannill

Dear RMUMC Friends,
Thank you for your many cards and calls at the time of death of Becca's sister, Martie Kincer Byrum. Since our being at RMUMC, you have continued your wonderful ways of being "family," and for that we are grateful. May God's love continue to shower upon you.

Bruce and Becca Tuttle

Thanks for all of your cards and prayers during my illness.

Jim Henderson

Thank you for your response to Lewis' 90th birthday celebration after church on Sunday, May 21. We are very blessed to have such a loving church family.

Lewis and Ann Coffey



Prayer Concerns:

Our country, those serving in our armed forces, and our church; Jeanette Boles; Cyndee Holland; Cyn Fisher; Charlie Easter; Gary and Betty Hatfield; Martha Ann Naff; Iris Read; Lorrie Williams; Mark Singleton; Jennifer Cooper; Kathy Cunningham; Don Applegarth; Johnny and Patsy Smith; Gabe Valentine; Patricia Perdue; Jennifer Braxton; Ethel Dent; and Jesse Roach.

Forget-Me-Nots:

Mildred Dillon; Marion Higgins; Margaret Linkous; Eva Prillaman; Ann Robinson; and Dot Wimmer.



Family of Eleanor Easter who died on April 30.

Family of Wayne Cundiff who died on May 10.

Rebecca Tuttle and Family in the death of her sister, Martie Byrum.

Family of Gary Ward, Wendy Saunders' son and Angela Arthur's twin brother, who died on May 15.

Eleanor Woody and Family in the death of her sister, Anne McBride.

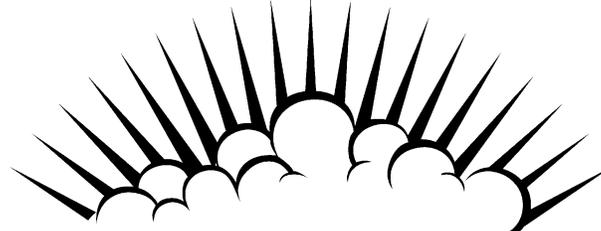
Just for Kids



Our heavenly Father

Father's Day is the perfect time to remember God, our heavenly Father. What does the psalmist say about him?

Directions: Complete Psalm 89:26 by placing the correct vowels in the blanks.



"H_ w_ll c_ll _ _t t_ m_,
 'Y_ _ _r_ m_ F_th_r, m_
 G_d, th_ R_ck m_ S_v_ _r.'"

 Ps_lm 89:26, N_V

Answer: "He will call out to me, 'You are my Father, my God, the Rock my Savior.'" Psalm 89:26, NIV

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35 North Main Street
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ADDRESS SERVICE REQUESTED



Open Hearts...

Open Minds...

Open Doors...

The People of the United Methodist Church

CHURCH STAFF

Reverend Will Waller, Pastor

Lynn M. Meeks, Director of Music Ministries

Valerie Latimer, Administrative Assistant

Jennifer Ardis, Nursery Attendant

Jeanne Banks, Music Accompanist

Lindsey Lumley, Coordinator of Youth & Children's Ministries

Joshua Banks, Assistant Coordinator of Youth & Children's Ministries

(Church Office Hours: Monday-Thursday, 9:00 a.m.-3:30 p.m.)



SUNDAY WORSHIP SCHEDULE:

10:00 a.m. Sunday School

10:55 a.m. Worship